

BASICS EDUCATION



**PRE-HOSPITAL EMERGENCY
CARE COURSE (PHECC)**

**SAMPLE
PROGRAMME**

BASICS Education

Pre-Hospital Emergency Care Course (PHECC)

DAY ONE

INSTRUCTOR

| | | | |
|--------------|--------------------------------------|---|---|
| 08.00 | Faculty meeting | | |
| 08.30 | | Introduction | |
| 08.50 | Lecture | Preparation & Scene assessment | |
| 09.10 | Lecture | Mechanism of Injury | |
| 09.40 | Demonstration | Assessment of the trauma patient | Instructor – Candidate – Bystander– Amb Crew – Patient – |
| 09.55 | Lecture | Assessment of the trauma patient | |
| 10.15 | COFFEE | | |
| 10.30 | Skill stations | Patient Assessment | |
| 11.00 | Lecture | Airway | |
| 11.30 | Lecture | Chest Management & Demo | |
| 12.00 | Lecture | Circulation | |
| 12.20 | Skill stations | Airway and Ventilation | |
| 13.15 | LUNCH | | |
| 14.00 | Lecture | Spinal injuries & Extrication | |
| 14.40 | Skill stations 2 x 40 mins | Extrication Chest Trauma Spinal Immobilisation Haemorrhage & Vascular access | |
| 16.00 | TEA | | |
| 16.15 | Skill stations 2 x 40 mins | Extrication Chest Trauma Spinal Immobilisation Haemorrhage & Vascular access | As above |
| 17.35 | Lecture | Introduction to paediatrics | |
| 18.05 | Questions & comments on day one | | |
| 18.10 | End & Faculty meeting | | |

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DAY TWO

INSTRUCTOR

| | | | |
|--------------|------------------------------|---|--|
| 08.30 | Lecture | Triage | |
| 08.50 | Skills x 1 40 mins | Multiple casualty & Major incident Splintage | |
| 09.30 | Skills x 1 40 mins | Multiple casualty & Major incident Splintage | |
| | Skills x 1 45 mins | Trauma 1, 2 & 3 Trauma 4, 5 & 6 Trauma 7, 8 & 9 Trauma 10, 11 & 12 | |
| 10.55 | COFFEE | | |
| 11.10 | Skills x 1 45 mins | Trauma 5 & 6 Trauma 7 & 8 Trauma 9 & 10 Trauma 11 & 12 | |
| 11.55 | Skills x 1 45 mins | Trauma 5 & 6 Trauma 7 & 8 Trauma 9 & 10 Trauma 11 & 12 | |
| 12.40 | LUNCH | | |
| 13.25 | Skills x 1 45 mins | Trauma 5 & 6 Trauma 7 & 8 Trauma 9 & 10 Trauma 11 & 12 | |
| 14.10 | Lecture | Pre-hospital analgesia | |
| 14.25 | Demonstration | Cardiac arrest | Instructor – Candidate – Bystander – Amb Crew – |
| 14.40 | Lecture | Introduction to Cardiac Care | |
| 14.55 | Skill stations | BLS & AED | |
| 15.40 | TEA | | |
| 15.55 | Lecture | Advanced Life Support | |
| 16.10 | Skill stations | Advanced Life Support 1 | |
| 16.50 | Skill stations | Advanced Life Support 2 | |
| 17.30 | Skill stations | Advanced Life Support 3 | |
| 18.00 | | Review & Questions | |
| 18.00 | - 19.00 | Free practice | |

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DAY THREE

INSTRUCTOR

| | | | |
|--------------|--|--|----------|
| 08.15 | Faculty meeting | | All |
| 08.30 | Scenario Teaching sessions 4 x 15 mins | Drowning Hypothermia Anaphylaxis Maternal | |
| 09.30 | Workshops 2 x 30 mins | Chest pain Breathlessness Unconsciousness Arrhythmias | |
| 10.30 | COFFEE | | |
| 10.45 | Workshops 2 x 30 mins | Chest pain Breathlessness Unconsciousness Arrhythmias | As above |
| 11.45 | | Exam briefing | |
| 12.15 | Assessment | Exam 1 | |
| 13.15 | LUNCH | | |
| 14.15 | Assessment | Exam 2 | |
| 15.15 | Assessment | Exam 3 | |
| 16.15 | Assessment | Exam 4 | |
| 17.00 approx | | Results & Close | All |